

## **ONLINE PRIVACY NOTICE**

Weightless, LLC d/b/a Sonja Grigg Coaching is the owner of this website (the “Website”). This privacy notice discloses our practices for this Website, including what type of information we collect, how we use that information, and how we share that information. This Privacy Policy is incorporated into the Terms of Use for our Website. Your use of our Website means that you accept this Privacy Notice.

### **Personal Information Collected**

We only receive or collect information that identifies you personally (“Personal Information”) if you provide us with such information via email, a form on our Website, or by other means. If you sign up for our coaching services through our Website or otherwise contact us, we may require you to provide us with contact information (such as your first and last name, physical street address, city, state, zip code, phone number and email address).

### **Information from Children**

We do not provide services to children and will not knowingly collect information from anyone under the age of 18. If you are under 18, do not use this Website or provide any information about yourself to us. If we learn we have collected or received personal information from a child under 18 without verification of parental consent, we will delete that information.

### **Payment Information**

If you purchase products or services from us, you will be required to provide us with your payment information, including, without limitation, bank account numbers, credit card or debit card numbers, account details, ACH information, and similar data (collectively, “Payment Information”). Such Payment Information will be collected and processed by our third-party payment vendors under the terms and conditions of their privacy policies and Terms of Use.

### **Tracking Technologies and Third-Party Analytics Providers**

We may use cookies, tracking pixels, and other automated tracking technologies to collect information on you when you visit our Website. A cookie is a small packet of data with a unique identifier, deposited by our Website on your hard drive. A pixel is a tiny graphic with a unique identifier, the size of a period at the end of a sentence, embedded on a web page or in an email.

We may also use third-party technology providers (such as Google Analytics or a website host such as Wix or Squarespace) to evaluate your use of the Website, compile reports on Website user activity, collect demographic data, analyze performance metrics, and collect and evaluate other information relating to the Website and Internet usage. These third parties use cookies and other technologies to help analyze and provide us the data. You consent to the processing of data about you by these analytics providers in the manner and for the purposes set out in this Privacy Notice.

You may set your browser to notify you before a cookie is received, giving you an opportunity to decide whether to accept the cookie. You may also set your browser to turn off cookies; however, our Website may not work properly if you do this.

## **Types of Information Automatically Collected**

We use automated tracking technologies and third-party analytics providers to identify your computer, to identify which pages on our Website you visit, and to track your movement throughout our Website. We may also use these technologies to identify who opens our email messages or clicks on links contained in those messages.

In doing so, we may collect the following information about you: IP address, browser type, referring and exit pages, date and time you visited our Website, details regarding your activity on our Website, the type of device used to access our Website, and the operating system used to access our Website.

## **How We Use the Information We Collect**

We may use your Personal Information to provide you with information and promotions regarding our services; to contact you regarding orders, questions, or requests; and to fulfill any other purpose for which you provide such information. We will only use Payment Information for completing financial transactions necessary for any services you purchase from us.

We also use the information we collect for providing and improving our Website, improving our services, and marketing our services.

## **Sharing of Personal Information**

We do not sell the information you provide to us.

We use third party service providers to provide some of our services and this Website, and we may share the information we collect about you with these vendors. For example, if you are on our email list, we may share your contact information with the third-party vendor we use to send those emails on our behalf.

We may also share the information you provide to us as necessary comply with a court order, law, or other legal process; to enforce any agreement between us; and for billing and collection purposes.

## **Security of Information**

Unfortunately, the transmission of information via the internet is not completely secure. Although we take reasonable measures to protect your Personal Information, we cannot guarantee the security of information transmitted to our Website or transmitted to us via email. Any electronic transmission of personal or confidential information is at your own risk.

## **Links to Other Websites**

Our Website may contain links to other websites. We are not responsible for the privacy practices or the content of those other websites and encourage you to review their privacy policies to make sure you understand their practices.

### **Notice for Non-U.S. Residents**

The Website and our services are offered only to residents of the United States. If you are located outside of the United States, please be aware that your Personal Information may be transferred to, processed, maintained, and used on computers, servers, and systems located outside of your state, province, country, or other governmental jurisdiction where the privacy laws may not be as protective as those in your jurisdiction. If you are located outside the United States and choose to use our Website, you hereby irrevocably and unconditionally consent to such transfer, processing, and use in the United States and elsewhere.

### **Changes to this Privacy Notice**

We reserve the right, at any time and without notice, to add to, change, update or modify this Privacy Notice, by posting such change, update or modification on this Website. Any such change, update or modification will be effective immediately upon posting.

### **Questions and Comments**

For questions or other communication regarding this privacy policy, you can e-mail us at [sonja@sonjagriggercoaching.com](mailto:sonja@sonjagriggercoaching.com).